

Application form

Training course

Emoticons: **EMOTICONS: emotional education to work with young people difficult to reach**

Torino, Italy, October 31st -November 6th 2016

Arrival: October 30th , Departure: November 7th

This training will gather **20 youth** workers from **Italy, Lithuania, Serbia, Spain and UK**. We are searching for 4 participants each country.

Working with emotions helps youth workers in building relations based on active and positive listening, also with young people hard to reach, it makes them feel seen, protected, encouraged and safe on the framework of the educational relation with adults. The improvement of emotional intelligence helps to mitigate teenagers uneasiness, helps young people to be more aware of their behaviour, emotions and to reach their desired reactions in stressful situations. Furthermore, emotional education gives some transversal tools to stimulate youth social inclusion, prevent violent, extreme and other behavioral challenges.

"EMOTICONS: emotional education to work with young people difficult to reach" promotes professional development of youth workers using education on emotions in non-formal education with a focus on young people coming from difficult backgrounds, having special educational needs and young people that have an experience of violence, acted of suffered.

The Specific Objectives of the project are:

1. To support professional development of the youth workers that work on the topic of emotional education;
2. To exchange of good practices, methodologies and technologies to promote empathy and emotional awareness in youth work and in particular in a work with young people difficult to reach;
3. To develop common programs and activities with young people in different European countries.

The training course facilitates the exchange of methods focused on emotional education and deepens knowledge and skills of emotional education approach among youth workers participating training in order to strengthen their daily work with young people. During the Training Course there will be workshops, debates, simulations, role-plays and artistic activities exercised with participants to give them relevant learning experience. Activities will be led by 5 different trainers, one per day, representing sending organisations and bringing varied experience and approaches of emotional education aspects giving to the training an interdisciplinary methodology. The Training Course will also allocate time and environment for participants' self-reflections and designing their own activities, which will be applied back in their contexts and in development of new international projects and initiatives.

Name:		Surname:	
Address:			
City:		Occupation:	
Country:		Date of birth:	
Tel:		E-mail:	
Gender: (M/F)		Special needs:	
Vegetarian or Vegan		Language skills:	
What is your motivation to take part in this project and Training Course?			
What kind of youth work experience do you have? Do you have any experience with teen-agers?			
Do you have experience on working on the topics of emotional education?			
What are your expectations towards this project?			
How do you want to use gained skills and knowledge after this project?			
IMPORTANT NOTICE	<p><i>I confirm, that I will be actively participating during whole Training Course program and will fill in all the documents needed for the smooth implementation of the project, if selected</i></p> <p><i>I am also aware that photos and videos made during the Training Course are going to be published on project partners' webpages and media and by taking part in the project I accept that.</i></p> <p><i>Date and signature:</i></p>		

Thank you for the time spent on filling this form.

Please, send it until October 5th to the following e-mail address: ilariazomer@serenoregis.org